



October 2012

Issue: 7

## Welcome to Hogwash!

### Greetings!

Welcome to the latest issue of Hogwash!

If you have a minute to [email us](#), we'd love to hear from you with your feedback on what you'd like to see in Hogwash.

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## Legendary Fall Colors

Many Native American beliefs hold that each tree, lake, and even season, has its own spirit, which governs and maintains it. For the Algonquin, the changes of season were in the hands of four Sisters. Bi-bon brought the cold and snow ("agon") of Winter from the north. The warm breath of Sig-wan brought forth the thaw and green shoots of Spring, and Ne-bin ushered in the warm, golden Summer. But the riotous color, crisp air, and ripening of the fruit, grains, and nuts were in the control of the oldest sister, Baw-waw-gi. (Source: [United Cherokee Ani-Yun-Wiya Nation](#))



A Wyandot (Huron) legend tells that the brilliant red leaves of Fall are the result of an epic battle fought in the sky land, between Bear and Deer. Proud Deer was challenged by Bear, when Bear told Deer that he should not have made his home across the rainbow bridge, in the sky land. Deer thought Bear too haughty for his place, told him so, and determined to kill him. The great animals fought mightily, Deer flailing his mighty, sharp horns, Bear standing erect,

### Lawyer Joke

In our lawyer joke this month we provide you with a bit of Jerry Seinfeld humour about lawyers and their role.

*"To me a lawyer is basically the person that knows the rules of the country. We're all throwing the dice, playing the game, moving our pieces around the board, but if there's a problem, the lawyer is the only person that has read the inside of the top of the box."*

Jerry Seinfeld



with his large vicious claws. They fought, and the sky thundered, until the other animals of the Great Council sent Wolf. All animals had to obey Wolf, and he sent Deer and Bear away. As Deer ran away, Bear's blood dripped from his horns, onto the Lower World, making the leaves of the trees many colors; some Red, some Yellow, some Brown, some Scarlet, and some Crimson.

Now each Autumn sees the same change. The Wyandots then say that the blood of the Bear has again been thrown down from the sky upon the trees of the Great Island. (Source: [www.firstpeople.us](http://www.firstpeople.us))

## Leaving a Legacy

Who does not remember Aesop's Fable of the Ant and the Grasshopper:

In a field one summer's day  
a Grasshopper was  
hopping about, chirping and  
singing to its heart's  
content. An Ant passed by,

bearing along with great toil an ear of corn he was taking to the nest.

"Why not come and chat with me," said the Grasshopper,  
"instead of toiling and moiling in that way?"

"I am helping to lay up food for the winter," said the Ant, "and  
recommend you to do the same."

"Why bother about winter?" said the Grasshopper; "We have got  
plenty of food at present." But the Ant went on its way and  
continued its toil.

When the winter came the Grasshopper had no food and found  
itself dying of hunger - while it saw the ants distributing every day  
corn and grain from the stores they had collected in the summer.  
Then the Grasshopper knew: It is best to prepare for days of need.

As we each approach the end of this year, like the ant - and not the grasshopper - many of us try to put away enough to last the winter. It is also a good time to think carefully about the extended future beyond merely the winter and put in place long term provisions for both family and the larger community, specifically Estate Planning: determining to whom a legacy should go.

Who does not look in the mirror each morning and say, here we go again? Yet one day, hopefully in the distant future, the opportunity



to ask that question will not be available, taken from each of us at a time generally not of our choosing. When that happens, the impact of that moment will affect the world around us - like a stone tossed into a pond - the ripples will affect friends, families, business acquaintances, and countless others.

Many of us have, over our lives, contributed to favorite entities, churches, charities, colleges and other worthwhile causes. Although our names are often included on lists of donors, we did not contribute so that our names would appear. We did so because we considered that support of the entities were important for the community, and indeed, the world at large. If important during our lives, the importance would continue after we are gone.

Estate planning usually focuses upon passing family assets, your legacy, to the next generation, often the most important family consideration. Planning, however, should not ignore the lifelong interests that each of us supported. The fact that we may no longer be here to help does not mean that those interests will be able to carry on without help.

Like the ant, let us consider the bigger long term picture and help, each in our individual and often small way, to create legacies that will live on.

To make sure your estate goes to the people and organizations you want why not schedule an appointment to talk about estate planning today. Call us at [231-709-4895](tel:231-709-4895), today, to make an appointment.

## Holidays in October

When we think of October celebrations most of us think first of Halloween. A few might mention Columbus Day but there are lots of other great reasons to celebrate special days during the month. Here are a few ideas that you may want to consider when developing your own traditions.

### **National Cake Decorating Day - October 15**

What better day to try your hand at a decorated cake. If that sounds intimidating, how about cupcakes? This day is sponsored by Wilton, makers of cake decorating supplies.

For great ideas for decorating cakes, cookies and cupcakes, visit their [website](#).



### **Mulligan Day - October 17**

Mulligans aren't just for golfers. Mulligan Day is a day for giving yourself or another a second chance - a day for a "do-over." What would you do if you could do it over?

### **Sweetest Day - October 20**

Many people think this is a holiday created by the greeting card companies but it was actually created by a candy company employee in 1922. The original Sweetest Day focused on delivering

candy to the sick, shut-ins and orphans of Cleveland Ohio. It's celebrated each year on the third Saturday in October.

#### **National Friends of Libraries Week - October 21-27**

This annual celebration is focused on creating and celebrating the library friends organization in the community. This week is great time to also check out the local library for all the resources they have to offer. We're lucky in this area to have many local libraries to visit.

#### **Hunter's Moon - October 29**

The Hunter's Moon is the first full moon following the Harvest Moon. Traditionally it was called the Hunter's Moon because it's shine extended the length of the day for hunters. Of course for modern hunters the Department of Natural Resources regulates the days and times that hunting is permissible. Why not spend some time this night just watching the moon rise?

## **Karen's At Home Cookin'**

### **Enjoy the Bounty of Autumn**

I love fall for many reasons but especially because of the fresh late-harvest vegetables. Baked, steamed, fried, boiled and grilled - I love them cooked every way. Here's some ideas for laying out your table with the best of Northern Michigan fresh - very easy cooking. Grab the veggies at the Farmer's Market or a roadside stand. Chill out and turn the oven on!



### **Roasted Root Vegetables**

Ingredients: Potatoes, Parsnips, Beets, Turnips, Whole Garlic, Red and Yellow Onions

Chop veggies into chunks, drizzle with olive oil and roast in the oven until golden (40-45 minutes or so). After baking, top with your favorite shredded cheese (I like Parmesan for this), sprinkle with parsley, rosemary, another splash of olive oil and a good sea salt blend.

This is a standout alone, but add a whole chicken (with cornbread stuffing) rubbed with olive oil, lemon and herbs, surrounded by the veggies to create a Sunday meal like my grandmother used to make. I love to throw in assorted country olives (from Folgarelli's) with my roasted chicken

### **Lobster Mac and Cheese**

Kick up your mac and cheese recipe by adding lobster (or, staying local, smoked lake trout) and use a blend of mild white cheeses in the sauce. Add some diced grilled red peppers for color and zing.

### **Cauliflower and Sunflower Seed Casserole**

Steam a head of cauliflower 'til slightly soft and put in your favorite baking dish. Add about a half cup of cream (milk will work), 1/8 cup of crumbled blue cheese and ½ cup of toasted sunflower seeds. Top the mixture with bread crumbs, a little melted butter, and bake about 20 minutes at 300°. This is fantastic served with a wild rice/quinoa mix and a side of lentils.

Add to the table: Alternate sliced tomatoes with sliced mozzarella and top with balsamic and fresh basil, a touch of Parmesan, good salt and pepper. Put some bread and butter pickles on the table. Add fresh radishes, carrot sticks and cukes and make a spinach dip.

Also add: Bright yellow mums, baby pumpkins and assorted decorative squash. A golden tablecloth works, highlighted with orange candles. We are going for autumn ambiance. Be creative and make your meal special.

Dessert: Pumpkin cookies with cream cheese frosting topped with a candy corn.

Serve all with hard or soft cider. Keeping it local, how about some Late Harvest Riesling?

## Good Customer Reward Program

### To our faithful readers and friends;

We appreciate you and would like to reward you for your loyal readership and for choosing Rosi and Gardner to help with your legal needs.

When you call our office by November 15, 2012 to make an appointment just mention this special offer you saw in Hogwash! You'll receive a one half hour consultation on any legal matter for just \$50. That's a 50 percent saving over the usual \$100 value.

Be sure to mention this voucher when you make your appointment to be able to get the special rate.

Offer Expires: November 15th 2012

# Rosi & Gardner, P.C.



Rosi & Gardner, P.C.  
735 S. Garfield Avenue  
Suite 202  
Traverse City, Michigan 49686

[231-941-5878](tel:231-941-5878)

Website

Philip R. Rosi

**Email Philip**

Gary Allen Gardner

A handwritten signature in black ink, appearing to read 'G. Allen Gardner', with a long horizontal flourish extending to the right.

**Email Gary**

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